

GUIDELINES FOR ILLNESSES WHERE CHILDREN ARE ASKED TO REFRAIN FROM ATTENDING STEP BY STEP

Commented [D1]: Need to check latest updates

Ailment / Illness	Exclusion period / Treatment
CONJUNCTIVITIS	Must take to doctor to confirm and treat. They can attend Step by Step 24 hrs after treatment started.
CHICKEN POX	Can take up to 10 – 20 days for rash to come out, return to Step by Step 7 days after onset of spots and they feel well also when spots have dried and scabbed over.
GASTROENTERITIS	One clear week since last episode.
MEASLES	7-10 days from outset of rash.
MUMPS	10 days from outset of rash.
SCABIES / IMETIGO SKIN DISORDERS	24hours after full course of treatment / until infection has cleared. Children with impetigo should be kept from Step by Step until spots have dried up and no longer leaking fluid. With use of antibiotics, impetigo usually heals within a week.
WHOOPING COUGH	5 days from commencing antibiotic treatment.
DIARRHOEA	After a minimum of 3 soiled nappies, exclusion 48 hours.
VOMITTING	After 48 hours from onset.
HIGH TEMPERATURE	If we cannot maintain a safe temperature, a child will need to be collected for his/her own safety.
HAND, FOOT & MOUTH	There is a short four – six day incubation period between exposure and development of initial symptoms (fever and malaise). A person is most contagious during the first week of illness. Should stay home until they feel well again.
SCARLET FEVER	Common treatment is a short course of antibiotics. Paracetamol can be used to bring down the fever. Children should be excluded for five days after the start of treatment, and Kept away from other children as much as possible.
TONSILITIS	Antibiotic treatment required exclusion until infection clear.
Slapped cheek disease	Go back 2/3 days after fever subsides and they are feeling well.